

IMPORTANT! READ BEFORE SIGNING!

**LIABILITY RELEASE, WAIVER, DISCHARGE
AND COVENANT NOT TO SUE**

This is a legally-binding Agreement and Release ("Release") made by me, _____, to Annapolis Dance Factory, LLC. ("Annapolis Dance Factory").

I desire to participate in or observe dance classes or other activities at or sponsored by Annapolis Dance Factory. I understand that dancing is a physical activity and that there is a specific risk and inherent danger, including danger of physical injury associated with this sport. I agree to use proper safety procedures designed to minimize the risk of injury, but understand that a risk remains. **I expose myself to the risk of injuries including but not limited to temporary or permanent muscle soreness, sprains, strains, cuts, abrasions, bruises, ligament and/or cartilage damage, head, neck or spinal injuries, loss of use of arms and/or legs, eye damage, disfigurement or death. I specifically assume and take on myself all of the risks and responsibilities in any way associated with this activity.** I further understand that it is my sole responsibility to consult with a physician before engaging in dance or other physical activity and to determine if I have any pre-existing conditions which may affect my participation.

In consideration of and in return for the opportunities to observe or experience dancing or sponsored events and/or the services, facilities, programs, instruction and other assistance provided to me, or, **I release Annapolis Dance Factory (and its employees, agents and principals) from any and all liability, claims and actions that may arise from injury or harm to me, from my death or from damage to my property in connection with this activity.** I understand that this Release covers liability, claims and actions caused entirely or in part by any acts or failures to act of Annapolis Dance Factory (or its employees, agents or principals), including but not limited to negligence, mistake, or failure to supervise by the Annapolis Dance Factory.

I recognize that this Release means I am giving up, among other things, rights to sue Annapolis Dance Factory, its employees, agents and principals for injuries, damages, or losses I may incur. I will hold Annapolis Dance Factory harmless and agree to fully indemnify for any loss. I also understand that this Release binds my heirs, executors, administrators, and assigns, as well as myself.

I have read this entire Release, had the chance to seek independent counsel, ask any questions I may have about it, fully understand it and I agree to be legally bound by it.

THIS IS A RELEASE OF YOUR RIGHTS. READ CAREFULLY BEFORE SIGNING.

(Releasor's Signature)

Date: _____

Witnessed By: _____

(Print Name of Witness)

Witness Signature

IMPORTANT NOTE: You are strongly encouraged to consult a physician before enrolling or participating in any dance class. We encourage those with pre-existing conditions to wear a medical alert bracelet or neck tag indicating the appropriate medical information. We strongly recommend that all participants have a medical insurance policy that will cover injuries or illness that may occur due to participation in or use of Annapolis Dance Factory programs, services, facilities and equipment. If you have any questions regarding the language or details of this document prior to signing, please contact Susan Anderson.